

Safety always!

What is PPE?

PPE stands for Personal Protective Equipment and helps keep those who wear it safe from sharp or falling objects, bright lights, loud noises or chemicals.

Many places like construction sites, workplaces and even schools have rules that say you must wear PPE to stay safe. It's important to follow these rules to avoid getting hurt.

Wearing PPE shows that you care about your safety and the safety of others. It helps create a safe environment for everyone.

Remember, PPE is like a superhero costume that protects you from danger!

Let's explore some PPE items together.

Head protection

Hard hats protect our heads from objects that are falling, flying or overhead.

Eye protection

Eyewear and goggles shield our eyes against dust, debris, chemicals and sunlight.

High-visibility clothing

High-visibility clothing ensures you are easily seen, preventing accidents and injuries.

Foot protection

Steel toe boots protect our feet from heavy falling objects, slipping and prevent ankle injuries.

Hearing protection

Protects our ears from loud noises which could cause hearing loss.

Respiratory protection

Protects our airways from hazardous dust and chemicals.

Gloves

Protects our hands from cuts, heat, scrapes and chemicals.

Protective clothing

Provides a physical barrier against the sun, chemicals, dust, temperature and even insects. It also makes us more visible in a busy and dangerous environment.



Colour in Sally our Safety Advisor

Meet Sally, our **Safety Advisor** on Gold Coast Light Rail Stage 3. Can you remember why each PPE item is important? Match the icons below to the relevant PPE on Sally and see if you can find which ones are missing. Then have fun colouring Sally in.

Be a Safety Superhero!

